

## Celergen – Frequently Asked Question

### About Cell Therapy

#### 1. What is Celergen? And how much does it cost to buy Celergen?

Celergen is an Anti-Aging Marine Cell Therapy Supplement. It is a nutritional supplement that works on cell renewal and stimulation to delay and retard our aging process. It also helps fight free radicals and oxidative stress in our body. Through effective cell rejuvenation process, Celergen boosts energy levels and maintain and extend youth and vitality.

To buy Celergen is USD350 for 30 days supply.

#### 2. What is Cell Therapy?

Cell Therapy is a potent transformative treatment which triggers the stimulation, rejuvenation and renewal of our cells. This renewal and healing process is critical to keep our body tissues and organ in optimum health. Cell Therapy stimulates our body's own healing and revitalizing powers and exerts a long term effect. By effective and efficient repairing and replacement of damaged and dead cells, Cell Therapy today helps us to fight aging and maintain and extend youth, energy and vitality.

#### 3. What is the difference between Cell Therapy and Stem Cell?

Stem Cell Implantations are medical procedures which can only be administered by qualified doctors. The procedure is customized to the medical needs of the patient and is known to be effective for Parkinson's disease, down syndromes etc.

Cell Therapy on the other hand can be administered via injectables (Swiss Clinics visited by the Celebrities) or encapsulated in the form soft gels.

Cell Therapy is a potent transformative treatment which triggers the stimulation, rejuvenation and renewal of our cells. This renewal and healing process is critical to keep our body tissues and organ in optimum health. Cell Therapy stimulates our body's own healing and revitalizing powers and exerts a long term effect. By effective and efficient repairing and replacement of damaged and dead cells, Cell Therapy today helps us to fight aging and maintain and extend youth, energy and vitality.

#### 4. Is Cell Therapy safe?

The science of cell therapy is not a recent phenomenon. The use of Cell Therapy for medical enhancement goes back thousands of years.

Modern Day Live Cell Therapy achieved global credibility by the painstaking research of Dr. Paul Niehans, who in 1931 made outstanding contributions to the advancement of the technique of organ extraction and cell therapy. Due to its phenomenal success, Cell Therapy has achieved global prominence as an effective regenerative technique.

Cell Therapy works on cell stimulation and renewal within your body and is non-invasive. Celergen is a food supplement and the benefits of cell therapy are encapsulated in the soft gels for oral ingestion. Therefore it is safe and harmless.

#### 5. How does Celergen encapsulate the Cell Therapy concept?

In the 80's, a renowned German cell therapist introduced marine cell therapy via extraction of DNA cell extracts from the embryo of fish. He injected marine cell extract onto himself and his diseased patients.

After years of technological research, the Swiss cell therapists continued the research and worked closely with French biologists and chemists to register marine cell therapy in Europe. Using the same principles of cell therapy via a patented cold DNA extraction process of the bio cellular DNA extracts from deep sea fish, which is environmentally pollution free from the deep ocean of France and hence Celergen was developed.

#### About Celergen

#### 6. Who should take Celergen?

Celergen is an Anti-Aging Marine Cell Therapy Supplement suitable for adults (men or women) above 28 who are health conscious and want to fight the daily assault of aging. Celergen, which has antioxidants also, prevents premature aging and prevents the onset of age related diseases and helps boost our immunity system and general wellbeing.

#### 7. What is the unique manufacturing process of Celergen in Switzerland?

Celergen is manufactured using Swiss Cold Process DNA Extraction Technology. This means that cell therapy technology is used in our DNA extraction, using proprietary photolytic enzymes know how.

Our method can be distinguished from the standard manufacturing of supplements and vitamins because we do not apply 'heat' in our manufacturing process, hence the term 'enzymatic cold' process. As you know 'heat' a much cheaper version of processing will destroy every ingredient, therefore affecting the efficacy and potency of products.

8. What is the difference between Celergen and other Vitamins or nutritional supplements?

The standard manufacturing process of vitamins and most supplements uses “heat” which affects the potency and effectiveness of the supplement because this methodology will destroy most of the nutritional value of the supplement.

Celergen is manufactured using Swiss Cold Process DNA Extraction Technology. This means that the potency of the nutrients encapsulated in Celergen is retained for the maximum benefit of the consumer.

9. Is Celergen a drug?

Even though Celergen has many proven independent clinical studies and impressive worldwide accreditations, Celergen is not a drug. It is a nutritional supplement aimed at improving overall wellbeing and has strong anti-aging properties.

10. What clinical studies are conducted for Celergen?

Refer to the brochure – clinical studies conducted on the key ingredients of Celergen like BIODNA Cellular Marine Complex, Peptide E Collagen and Hydro MN Peptide. These clinical studies range from studies reporting significant decrease in physical fatigue and improved stamina of subjects, recuperation after exercise, pain reduction from subjects suffering from osteoarthritis , rheumatoid arthritis , reduction of wrinkles and lines as well as reduction of glycemic index for blood sugar control. Celergen also has studies to show marked improvement in moods and mental alertness after ingestion for a specific time period.

The Independent Clinical Studies are conducted by BIO-HC Laboratories, one of Europe’s largest and most sophisticated Clinical Test research centre in Pessac, France under GLP (Good Laboratories Practice) and GCP (Good Clinical Practice) conditions.

11. What are the certifications for Celergen?

Most Important Certification is the Swiss Export Attestation Certificate. There are many products developed and manufactured in Switzerland for export purposes. These products CANNOT BE SOLD in Switzerland.

But for Celergen, the Swiss Export Attestation certificate means that it can be SOLD FREELY in Switzerland, because of its stringent standards of development and production as well as its superior product quality.

Other certifications include, FDA compliance, Swiss Public Health Certificate, CGMP, Swiss Inspection Service, IMO control (compliance with Swiss Organic Farming Ordinance and Regulation, Eurocerta Food (ISO 14001 in food production with European Standard Auditing), German Accreditation Council for Certification, Testing for ensuring quality and Technical Competence, TQM and EMS.

12. How long has Celergen been in the market? But is it a proven product?

Celergen was launched in May 2009 and has benefited more than 10,000 consumers till date. Where nutritional supplements are concerned, it is always ideal to experience the latest technological innovation and medical advancement encapsulated in newly developed supplements.

Even though Celergen is a relatively new product, it has proven independent clinical studies conducted 2 to 3 years prior to the launch of the product and most importantly, the team of cell therapists, scientists, medical experts, gerontologists, researchers and pharmacists who developed Celergen has more than 20 years of experience in nutritional supplements research and development.

Last but not least, the Swiss quality and trademark is undeniably an important assurance.

14. What are the key ingredients of Celergen?

The key ingredients are our proprietary BIODNA Cellular Marine Complex, Peptide E Collagen and Hydro MN Peptide. Other ingredients include Lutein, Grape Skin extract, selenium and Co-enzyme Q10.

**BIODNA Cellular Marine Complex**

Celergen's Swiss, French and German scientists, after intensive research, have discovered the powerful anti-aging properties in deep sea marine life. They have harnessed the power of this underwater treasury to formulate BIODNA CELLULAR MARINE COMPLEX. This is produced from premium quality marine life by Celergen's exclusively patented proprietary biological DNA extraction technology.

This superior extraction technology prevents the depolymerisation of the active ingredients and guarantees the potency of the product.

BIODNA CELLULAR MARINE COMPLEX is also a super anti-oxidant specifically designed to act as a protective agent against cell oxidative aggression.

In addition to its healing properties, Celergen has been clinically proven to be extremely affective in replenishing energy and stamina with amazing speed for athletes – the perfect recuperative nutritional supplement.

#### PEPTIDE E COLLAGEN

PEPTIDE E COLLAGEN comprises the highest premium grade quality collagen and elastin peptides from France and has been proven to reinforce skin hydration and elasticity. The moisturizing effects of PEPTIDE E COLLAGEN are supported by clinical studies involving women over 40 years old. The results have shown an increase of the entire epidermis hydration after an oral administration of Celergen's PEPTIDE E COLLAGEN over a period of 3 months. (See results of clinical studies)

It has also been reported that Peptide E Collagen helps to improve bone density in people who suffer from protein malnutrition and joint diseases. There are also several reports of hair thickness increase and improvement in the treatment of cases of nail disorder after a prolonged ingestion of Celergen.

#### HYDRO MN PEPTIDE

HYDRO MN PEPTIDE plays a critical role in the regeneration of cartilage, treatment of osteoarthritis and improves the biodynamic of the skin. It is also a Glycemic Index (GI) lowering peptide and has been clinically proven in reducing the GI of Carbohydrates by 37% which would otherwise be converted into fats and accumulate in our body.

15. Celergen is highly polymerized. What does this mean?

Due to Celergen's exclusively patented proprietary biological DNA extraction technology, this method avoids the depolymerization of DNA, thereby guarantee maximum bioactivity of the nutrients for maximum absorption.

Standard DNA products, which are non-polymerized, when taken regularly may have adverse effects on one's health by increasing the accumulation of blood uric acid.

16. How do I know if it is not a fake product?

Look for the Celergen Hologram sticker on the box and the official exclusive importer and distributor of Celergen avita.

17. I am allergic to seafood. Can I take Celergen?

The only marine ingredient in Celergen is Fish DNA Extract.

18. Where is the source of the fish DNA extract? How do I know if it is not high in mercury?

The fish species comes from the deep ocean of France and it is of premium quality since the fish DNA that are extracted for Celergen has a specific official number from French Sanitation Approval number FR 62667123 and FR 62667125 in accordance with Regulation (EC) No 852/2004 of the European Parliament.

The fish from the Pacific Ocean – China, Japan etc. are known for high levels of mercury, which means that the quality of this source is therefore less desirable.

19. What is the expiry date of Celergen?

It can be seen at the side of the Celergen box – it lasts for about 4 years from the manufactured date.

20. Is Celergen safe for long term consumption?

To ensure that Celergen is totally harmless and have scientific objectivity, BIO-HC in Vitro department conducted and validated toxicological and pharmacological studies on Celergen. The test report was further attested and audited by PHYCHER Bio development in France.

The Independent Clinical Studies are conducted by BIO-HC Laboratories, one of Europe's largest and most sophisticated Clinical Test research centre in Pessac, France under GLP (Good Laboratories Practice) and GCP (Good Clinical Practice) conditions.

21. How long should I take Celergen?

It is up to the individual preference. Celergen is a nutritional supplement with antioxidants and strong anti-aging properties and can be consumed long term for prevention of aging and age-related diseases.

Functionalities of Celergen

22. What are the benefits of Celergen?

Celergen has the potent power to achieve the following benefits by improving in:

Stimulation of specific cells concerned with obesity, arthritis, chronic fatigue, asthma, degenerative brain disease, osteoporosis, sexual dysfunction, male impotence and other metabolic ailments.

Enhancement in Stamina and Energy level

Boosting your sex drive and potency with endurance and vitality

Increasing your sexual satisfaction

Reducing your pre-menopause syndrome and delaying your Menopause

Improving your alertness and mind

Improving your blood circulation

Revitalizing your body's immune system and defence mechanisms

A visible increase in radiance and glow to the skin

Vastly improves your skin's resilience, tone, texture and overall complexion

Maximum regeneration and hydration of your skin

Increase in your metabolic rate

23. Why should an osteoporosis patient take Celergen?

Celergen can help when it is combined with Calcitonin to delay bone mineralization.

24. Can Celergen help prevent cataract or glaucoma etc. or improve the above conditions?

Celergen helps to prevent cataract and macular degeneration. Both outdoor sunlight and indoor lighting induces oxidative stress and free radical damage, Lutein in Celergen helps to protect our eyes from ultraviolet rays by filtering out the blue light. Lutein in Celergen also helps to prevent Glaucoma, which is a condition in which fluid pressure build up inside the eye, damaging the optic nerve. If this condition is left untreated, it will lead to permanent damage of the optic nerve, resulting in visual loss leading to blindness. Celergen will do more of prevention than improving the conditions of glaucoma or even cataract.

25. Does Celergen work like a Viagra?

Celergen encapsulates the transformative power of Cell Therapy to stimulate specific cells to boost blood circulation and enhance energy levels critical for sexual activities. However, Celergen, unlike Viagra is not a drug and does not have the negative side effects of Viagra.

Some of the side effects of Viagra include temporary vision loss, migraine, chest pain, and shortness of breath, fainting and painful penis erection lasting 4 hours or longer.

26. From my understanding, Co-enzyme Q10 is not good for patients suffering from leukemia; does that mean Celergen can be taken by such patients because we do have Co-enzyme?

Coenzyme Q10 is found to be deficient in patients with immune system cancers; therefore, Celergen can be and should be encouraged to be taken by leukemia patients. Melatonin supplement is the one that should NOT be taken by leukemia patients.

27. How does Celergen help diabetic patients?

GI shows how food affects the blood glucose response after a meal. Hydro MN peptide, one of the ingredients in Celergen acts as a glyceic index reducing peptide and balances blood sugar levels after meals as well as limit the post prandial glucose rise. Hence, it reduces the fluctuations in blood glucose and therefore lowers insulin demand.

28. I am a vegetarian, can I take Celergen?

The main source of protein is Fish, if this is acceptable to you.

29. Does Celergen contain any Placenta?

Celergen does not contain sheep or human placentas. Our main ingredient is fish DNA extract. Through our research, it is evident that placenta can somehow affect one's hormonal levels.

If a potential consumer experience pathological hormonal levels, placenta laced supplements may have adverse effects. In addition, since placenta can affect hormonal levels, it is known that people with cancer or potentially may have cancer must not consume.

30. I am currently on medication, can I take Celergen?

Celergen is not a drug, it is only a Food Supplement consumed to supplement a person's daily nutrition. When taken with medication, ensure that it is taken 4 hours apart.

31. I have cancer, can I take Celergen?

Celergen is not a drug, it is only a Food Supplement consumed to supplement a person's daily nutrition. When taken with medication, ensure that there it is taken 4 hours apart.



Celergen will help boost your metabolic rate, increase energy levels and improve your immunity system, extremely ideal for cancer patients.

#### Competitive Advantages of Celergen versus Other Nutritional Products

32. What are the strategic marketing differences between Celergen and other nutritional products?

Unsurpassed Worldwide Accreditations demonstrating the stringent quality and safety standards of Celergen

Independent Clinical Studies conducted in Pessac, France by BIO-HC Laboratories. These studies are conducted in house.

Proprietary Swiss Cold Process DNA extraction technology versus “heat” used in most nutritional products, which therefore affects the potency of the product.

Premium Source of Fish Extracts from Deep Oceans in France

Researched, developed and manufactured in Switzerland.

33. Should I continue to take multivitamins and Celergen?

It is up to the individual’s preference even though Celergen is usually sufficient for most people.

#### Potential Outcomes – initial intake of Celergen

34. What are the symptoms I will experience initially when I take Celergen?

The experience differs among individuals. Some will initially feel sleepy, some will experience high metabolic rate and will feel hungry. Some people will also experience constipation. Once our body starts adjusting to Celergen usually after 10 days, you will experience the outstanding benefits of Celergen.

35. Why is it I feel “heaty” after taking Celergen?

Celergen is a protein rich supplement and you will be required to drink lots of water. In addition, our body takes time to adjust to Celergen. If such symptoms still persist, reduce the dosage to alternate days or twice a week. . Naturally, the dosage can be increased gradually when customers begin to feel ‘ better ’ and would like to benefit more from the positive results of Celergen.

36. If I experience great discomfort, what should I do?

You should stop Celergen for a day or two and resume afterwards.

37. I have gastric problems, will Celergen affect me?

If you feel extreme discomfort, just stop for a day or 2 and when you resume, you will experience the positive benefits of Celergen.

38. Can I take 2 tablets instead of 1?

Yes, the dosage can be up to 2 soft gels a day.

39. If I take Celergen after breakfast, it is still effective?

Yes, for consumers with gastric problems, it is better to take after breakfast. It is definitely still effective.

40. Why do I feel so hungry all the time after taking Celergen, this has caused me to have gastric and heartburn?

This is the initial process; try to eat more small meals or snacks. This is only temporary.

41. I cannot swallow such a huge tablet. Can I break it and take the liquid in the soft gel?

Consuming Celergen by breaking the casing of the gel to ingest the liquid potentially means that the potency of the product will be reduced. This is because the liquid will then have to bypass our stomach, which is acidic by nature and hence the nutrient absorption cannot be maximized.

42. Why does Celergen cause constipation for me?

It is a protein rich diet and for some people, we need time to adjust. Make sure you drink lots of water.

Medical Related Questions for Celergen

43. I have osteoporosis. Can Celergen help me in my recovery?

Celergen is better for prevention of osteoporosis. However, if taken with Calcitonin it can help to delay bone mineralization.

44. I have heart problems, can I take Celergen?

Yes. Celergen can help boost one's energy, metabolic rate and blood circulation.

45. Can Celergen help to cure diseases?

Celergen is only a Food Supplement and because it is not a drug it cannot be used to treat diseases.

46. After trying Celergen I felt constriction of chest and cannot breathe. Why is this so?

As Celergen is only a Food Supplement (primarily Fish DNA Extracts), and it is not a drug – therefore it is highly unlikely that it can cause chest pain or breathing problems. In fact, based on the Independent Clinical Studies conducted in France, Pessac, clinical subjects with breathing difficulties had indicated significant improvements in their breathing after taking Celergen (refer to the Celergen brochure).

It appears that you may have inherent or potential heart issues. We suggest that you should see a doctor real soon regarding your condition.

47. Will Celergen increase blood pressure in any way when cells rejuvenate?

Cell renewal is an ongoing process within our bodies since our conception and continues throughout our life, as old and weak cells are replaced by new ones. This process of renewal is critical to keep our body tissues and organ in optimum health and therefore it cannot cause an increase in blood pressure.

Celergen encapsulates the transformative power of cell renewal and therefore it can bring us positive benefits like enhancing our metabolic rate and increase blood “Circulation”. Once again, Celergen is a Food Supplement and therefore it cannot increase one’s blood pressure.

The terminology “Increased blood pressure” is more relevant to Hypertension or High Blood Pressure.

Patients diagnosed with hypertension have in common a particular abnormality of the arteries: an increased resistance (stiffness or lack of elasticity) in the tiny arteries that are most distant from the heart (peripheral arteries or arterioles). The arterioles supply oxygen-containing blood and nutrients to all of the tissues of the body. The arterioles are connected by capillaries in the tissues to the veins (the venous system), which returns the blood to the heart and lungs.

Hypertension is usually associated with genetic factors, obesity, lack of exercise, overuse of salt, and aging. Inflammation also may play a role in hypertension.

Celergen is not a drug and therefore it cannot cure hypertension but it can help prevent the clotting of arteries – useful as a prevention health supplement.

48. I just had a short follow-up with a friend who is taking Celergen. Her Vertigo problem re-surfaces after she takes around 10 soft gels. Her vertigo problems did not happen for a few years. So I am not sure whether she should continue.

The spinning feeling of the individual or her surroundings are both known as vertigo.

Symptoms come and go for no apparent reason, even when traveling on a winding road can trigger symptoms of vertigo. A change in the sleeping position or a simple movement such as head tilt can also cause vertigo.

The resurfacing of vertigo cannot be due to Celergen. It is advisable that she goes for a trial and error approach i.e. take Celergen for a week and if her vertigo problem resurfaces, she can then stop Celergen.

She can resume when she recovers. With this method we hope to convince her that her vertigo is definitely not due to Celergen.

49. I started Celergen for about a month and the right side under arm rib bone is painful, it took me about 10 days before the pain was gone. 3 days ago this pain came back again. Please advise.

Celergen cannot cause such pain because it is a Food Supplement. Celergen will “alert” the consumer about his/her health problems. It cannot create the pain but it can alert you as to the potential health problems that you may be having that you are not aware of.

My suggestion is that you persist with Celergen and I am quite optimistic that your pain will subside. I personally experience pain on my right heel on and off but after taking Celergen for about 2 months, the pain has gone. But sometimes when I over exercise, it comes back and then goes off again. The benefit about Celergen is that it does alleviate the pain and therefore the pain is “never permanent”. That is most important for me.

Sometimes our lifestyle impacts our overall wellbeing. The question to ask is that without Celergen, can our life be better? For me, it is better with Celergen than without it. Of course, Celergen does not solve all my health problems because it is not a drug or medicine. It is a health supplement.

50. I have finished 2 boxes of Celergen till today. I am 54 yrs old and I’m having this very sharp pain on my left toe and it seems even more painful every time I woke up in the morning. I also find it difficult to stand up after sitting for sometime – be it watching TV or sitting on my computer table.

After taking the Celergen for 11 days, I noticed the sharp pain on my left toe has disappeared, but what I encounter now is a pain behind my heels....and the joints on my left foot ....making it difficult for me to walk.

It is scientifically not possible that Celergen can transfer pain from one area of the body to another. It is also not possible that it will create problems as described in your email.

Celergen is a food supplement aimed at improving you overall health and wellbeing. There are clinical studies to show that the ingredients helped various participants in the reduction of pain pertaining to rheumatoid arthritis and other inflammation. However, as emphasized, it is more of prevention than cure and also the results vary among individuals.

I really empathize with your current problems and I recommend that you see a doctor with regard to your pain on your heels and your left toe fast.

The sharpening pain may have been caused by crystal deposits surrounding the joints, toes etc. or what is commonly known as ' uric acid symptoms '. There are medications to be taken to control the pain and you will have to change your eating habits. The natural way of treating uric acid symptoms would be taking celery supplements which are available in any drug food store. Prolong untreated uric acid will ultimately lead to degeneration of the kidney.

51. Can we give this Celergen to people who are sick and on tube feeding? I hope Celergen can help 2 of the boys that I am currently helping since they are bed-ridden. I thought Celergen could be a breakthrough for them but how do I break open the casing and would it defeat the purpose of having it to go straight to the small intestine?

I have to emphasize once again that Celergen is a food supplement and even though we have extensive certifications and clinical studies, we really want to market it as a health supplement. Still, I really appreciate your confidence in Celergen.

Just for your information, some of our members literally breaks the casing and just consume the liquid gel encased on a daily basis.

To only ingest the contents of Celergen will yield results even though we could not extrapolate results from one person to the other. So, if a customer can ingest Celergen in its soft gel form, please do so. Remember, for Celergen (liquid within the gel) will have to go through the stomach, which is acidic by

nature. This will mean that we may not have the full absorption as compared to taking the whole soft gel which will bypass the stomach and go through our intestines.

If our body can absorb 50% of the contents why reduce it purposely to 10% unless due to unavoidable circumstances.

52. I had been diagnosed with Leaky Gut and currently have extensive delayed food allergies. I suspect I have Candida Isis which can be a cause for Leaky Gut. Can Celergen treat Candida? Also I'm taking Chinese medicine and have been advised to take Glutamine for the Leaky Gut. Are there contraindications with Celergen for my condition?

There are no contra indications when you take Celergen. However, it is important to remember that Celergen does not treat both the above conditions.

Please consult your doctors for your Candida (a condition of yeast overgrowth) as it must be treated properly and thoroughly. Once diagnosed and it'll affect the functioning of your entire system. Avoiding sugar is a must as the consumption of sugar will only make it worse and if possible all the 'whites' i.e. white sugar, white flour, white rice (to be replaced by brown rice ) etc.

As for leaky gut syndrome, it is an autointoxication process which is an integral part of many chronic conditions. When autointoxication occurs e.g. Constipation, then it'll lead to the formation of toxic chemical and this in turn irritates the wall of the bowel, leading to the increased permeability to gut derived antigens, allowing them to leak through the gut into the circulation system. Because they are toxic to the system and causes inflammation, Celergen will help the above by strengthening the immune system and keep the condition mildly under control BUT does not treat the syndrome.

Please avoid the food that is causing problem and a thorough detox program will be good besides adding enzymes and friendly bacteria to your daily regime.

53. Can a 12 year old boy with dyslexia try Celergen?

I would like to stress that Celergen is merely a food supplement for the overall general wellbeing of one who consumes it and it does not in any way treat symptoms or cure any diseases. However, it must be taken at least 4 hours apart if customers are taking any other medications.

Patients with dyslexia cannot be cured by Celergen and I do not see any good reason for advising them to do so especially at the age of 12 only, even though it certainly does not do any harm to the child. The

patient should be consulting the right doctor for his current situation as dyslexia is a learning disability and it is in need of urgent medical attention.

54. Can a 17 yr old girl with low blood platelet try Celergen?

Patients with such auto-immune disease can take Celergen as a food supplement like anyone else but please bear in mind that it again does not cure such type of disease.

55. After taking Celergen for about 3 months, my husband who is a diabetic patient on medication begins to feel giddy. Why is this so?

Celergen can help lower the glycemic index and therefore controlling the blood sugar level. Your husband's diabetic condition has probably improved and he should consult a doctor and hopefully reduces his dependency on the diabetic medication.

56. Will I age rapidly once I stop Celergen?

Celergen is a food supplement with effective anti-aging properties. Stopping Celergen will not lead to a rapid decline in one's overall health and not trigger rapid aging.

However, we have to bear in mind that we age every day and stopping Celergen will mean that we deprive our body the essential nutrients and antioxidants which can boost cell renewal and stimulation, hence delaying and slowing down aging aggressively.

57. When I first started on Celergen, I feel energetic but recently I feel tired and sleepy?

It is not uncommon to experience this. It means that you need to rest and your body is working on cell renewal. You will resume your energy level after proper rest.

It is important to note that even though you may feel sleepy, it generally does not affect your energy level once you are awake because Celergen also regulates your sleeping patterns for a good night rest.

58. I am currently on an anti-hormonal drug called Tamoxifen, a drug that helps to reduce any tumor or cancerous cells, for my breast cancer. Can I still take Celergen?

Tamoxifen is a drug that discourages the binding of estrogen to its receptor and is commonly given to estrogen dependent breast cancer patients.

Celergen acts by repairing and nourishing cells as well as enhancing our immune system so that we can fight against bacteria, virus and other micro-organisms.

So by taking Celergen, it will benefit you by

Enhancing your immune system

Repair your worn out cells after they have fought through a tough battle and nourish them with the right nutrients

No allergic reactions would arise because Celergen is compatible with our system. Once ingested, macrophage (white blood cells) would not treat it as invaders.

59. I am currently undergoing chemotherapy for Non Hodgkins Lymphoma, can I take Celergen?

Celergen is primarily used for cell renewal and repair; therefore it is usually advised that cancer patients take Celergen after chemo.

It is harmless to take Celergen before chemo except that the Swiss Coordinator thinks that it is a waste to do so if the person is going to go through chemo (which is a treatment that massively destroys the cells). She also advised that it is not necessary to take Celergen during chemo treatments because the benefits of Celergen cannot be optimized. It is harmless but then again maybe a waste.

60. Can I take Celergen if I'm taking growth hormone pills?

Yes. Growth hormone pills taken orally will have its limitations and the other option is by injections. There again, one can only inject at most one or two unites per day even though your body is almost deplete of growth hormones.

61. Can I take Celergen before going to bed?

There is no harm in taking Celergen at night if it helps your biological system to function the way it should be.

Although we advise our consumers to take Celergen 30 minutes before breakfast or even 30 – 60 minutes after breakfast, we should not assume every system works the same way. The consumption of Celergen should be flexible as the basic protocol is not mandatory for everyone to follow.



Drugs are a different scenario as patients must strictly adhere to the basic guidelines of consumption in order to avoid undesirable side effects.

62. I am prescribed to take Prednisone (10mg pill) daily and Fluocinonide cream twice a day for Vitiligo. Can I still take Celergen?

For 10mg, there will certainly be no contraindication. However, we advise you to take Celergen 6 hours after Prednisone.

63. I have heard of several cases of people who suffered from intestinal bleeding after taking Celergen. Is that possible?

As Celergen is not a drug, it cannot induce intestinal bleeding. One possibility may be that patient is under some medication and the basic protocol for patients with gastrointestinal problem is to take the drugs after food and not on an empty stomach; otherwise it may cause intestinal bleeding.

64. After taking Celergen for 6 months, my friend discovered that her fibroid doubled in size from 3cm to 6cm. Why is it so?

Fibroids are estrogen dependent. This means that even the intake of chicken or any other form of poultry will increase its size. Since Celergen is not placenta base, neither is it poultry, it cannot contribute to the enlargement of fibroids.

By the way, the patient ought to be careful with her intake of food as her fibroid sounds like the aggressive type.

65. I have a genetic problem that forbids me to take any kind of hormone pills especially oestrogen due to a thrombosis problem and fibrocysts in my breasts. Can I still take Celergen?

Even though Celergen has many proven independent clinical studies and impressive worldwide accreditations, including approval by Swiss Federal Office of Public Health, it is not a "drug" or medicine. Celergen is a nutritional supplement aimed at improving overall wellbeing and has strong anti-aging properties.

I am sorry about your genetical problem. However, because Celergen is only a Food Supplement, it will not have adverse effects.

Celergen does not contain sheep or human placentas. Our main ingredient is Fish DNA Extract and therefore it does not affect one's hormonal levels, unlike supplements that contain sheep or human placentas.

66. I have a hereditary clotting problem and my doctor advice that I not consume anything that increases blood clotting. As I have to fly frequently, my doctor has prescribed me Lovenox 0.4mg s.c to take before my flight. Should I stop taking Celergen on days that I'm on the anti-clotting agent injection?

According to our Swiss Coordinator, customers on Warfarin are allowed to take Celergen. However you should inform your doctor one week prior to any surgery.

Likewise, Celergen is safe for consumption for this category of patients as long as Celergen is not taken at the same time with medication or drugs but taken at least 4 hours apart. They can also avoid taking Celergen on the day they had the anti-clotting agent injection, not because it is prohibited but rather to make them feel more at ease and comfortable.

67. I suffer from bilateral retinal atrophy from high myopia and I also have slight cataracts in both eyes. I have been prescribed Ocuvit with Lutien. How long do I have to take Celergen before I see any results?

A gentle reminder – Celergen is only a supplement and not a drug. Drugs are created with the specific intention to treat the symptoms of a particular illness or disease but not supplements.

Therefore it is not possible to specify how long you must take Celergen in order to recover because results vary among individuals. Some may see slight improvements but not full recovery.

Celergen encapsulates the concept of Cell Therapy by empowering our body with the Nutrients and Peptides to do Cell Repair and Renewal for our health. Based on the various Independent Celergen Clinical Studies conducted, some of our customers with e.g knee pain, back pain benefited from Celergen and recovered in 3-10 days; others have to take Celergen for 3-6 months before they experience significant benefits. In some cases, the pain did not go away but the customers have experienced improvements in functional mobility and they are happy.

The results experienced by patients or customer differ depending on our body repair system and the time period of recovery will also differ. Lutein as an ingredient is known for preventing macular degeneration of the eyes and therefore Celergen will definitely be useful for your customer. In addition, she will still benefit from the overall improvement in health and its Anti-Aging properties.

We do have customers with eyes problems benefiting from Celergen but once again, the results differ from individuals. The symptoms of the illness may be similar but Celergen is positioned only for prevention, even though some of our customers are fortunate to have much “unexpected recovery surprises”.

My suggestion is that you persist taking Celergen up to 3 months and then decide if you want to continue. It is important to remember that Celergen is not positioned to cure diseases even though we do have clinical studies to show that some of the study subjects had significant improvements on various conditions like osteoarthritis, chronic fatigue, physical mobility etc.

68. A friend of mine suffers from Amyotrophic Lateral Sclerosis (ALS), a disease that causes individuals to ultimately lose the ability control all voluntary movement. Can Celergen help?

I am afraid that because there are no clinical studies to demonstrate that Celergen can help in this disease and therefore we can only say that Celergen can help in overall health and wellbeing.

69. How does Celergen boost my sex drive and potency?

Based on the independent clinical studies on Celergen, it has shown that Celergen is able to energize, revitalize and improve moods and outlook of many of our clinical subjects.

Sexual impotency, is most of the time, a results of lack of energy and mood or optimism. Since Celergen can enhance these factors, most of our customers have reported an increase in sexual drive and potency. Unlike Viagra, which is a drug that increases blood supply to the male organ and causes 4 hours of erection for most cases, it has tremendous known adverse side effects and apparently some customers derive no pleasure from the experience because it does not alleviate the mood of the users.

70. Is Celergen safe for people over 80 years old? Will there be any side effects?

We do have customers more than 80 years of age taking Celergen; some of them even 87 years old.

As Celergen is only a Food Supplement and the key ingredients are primarily Fish DNA Extracts, therefore the side effects are almost unheard of. Most of our customers above 80 experience improvement in energy levels and overall alleviation in moods. For those customers suffering from joint pains and osteoarthritis, the benefits are tremendous.

Usually for patients above 75 years old, we recommend 2 tablets a day. But for starters, they should take 1 tablet a day so that their body can adapt to Celergen and then increase to 2 for better results.

For patients with chronic gastric problems, it is better to take Celergen after food. However, we do have many customers who are able to take Celergen before food (even though they experience chronic gastrointestinal problems), after 1 or 2 weeks of Celergen as the body adjusts to the supplement.

Last but not least, it is recommended that Celergen should be taken 4 hours apart from medication or drugs that the customers need to take. Preferably first thing in the morning before medication; otherwise 4 hours after medication.

71. Is Celergen safe for human consumption? Does Celergen have any hormonal ingredients like growth hormones?

Celergen is safe for human consumption because we have conducted a comprehensive Independent Clinical Studies for the ingredients of Celergen in Pessac, France and we have also done a "Toxicology Test".

Celergen has no growth hormones. Celergen's main ingredient is Fish DNA Extract and therefore it does not affect one's hormonal levels, unlike supplements that contain sheep or human placentas.

72. Does Celergen repair our body as a whole or for specific organs like the heart, pancreas, liver etc.

Celergen is only a Food Supplement and not a Cellular Therapy Injectable Treatment nor a Stem Cell Implantation; therefore we do not have specific technical literature on product results on organs – heart, liver etc.

We do have Independent Clinical Studies conducted in France, Pessac, on the key ingredients of Celergen, which showed significant results in the areas of improved energy levels, skin and complexion, osteoarthritis, mood elevation and other ailments of our clinical subjects.

Celergen encapsulates the concept of Cell Therapy in that it promotes cell renewal, resulting in rejuvenation and revitalization. Our proprietary fish DNA complex is extracted using Swiss Cold Extraction Technology thereby enhancing Celergen's potency and effectiveness.

73. My friend suffers from, Myelomalacia involving the Cervico-dorsal cord, a symptom that causes both legs to be invalid. Can Celergen help him?

Celergen is only a Food (Health) Supplement and not a drug, therefore the benefits and results experienced by our customers differ. With reference to your question, we can only share with you that some of our elderly patients who suffered from chronic osteoarthritis were able to walk without pain after taking Celergen for about 1 month and there were others who still have problems walking but have experienced an overall improvement in their wellbeing.

The results differ for different customers and this is consistent with our Independent Clinical Studies conducted in France, Pessac, which showed that out of 2960 clinical subjects (average age 61 years old), 21% of them were completely relieved of their pain after taking Celergen, 68.5% experienced partial pain relief and 83.6% experienced improvement in physical performance.

Unfortunately, we have no studies conducted specific to Myelomalacia conditions so far.

74. As I know that Celergen also contain collagen but I don't know how much is the dose. If currently I already on collagen supplement 5300mg, so is there any harm I'm taking Celergen at the same time.

The collagen with Elastin dosage in Celergen is 230 mg. From your email, we were informed that you are taking a collagen supplement of 5300 mg, the key question is does this supplement comes with Elastin?

For your information, there are different grades of collagen. The peptide E collagen in Celergen is derived from premium quality fish extracts (French Sanitation Approval number FR 62667123 and FR 62667125 in accordance with Regulation (EC) No. 852/2004 of the European Parliament).

In addition collagen has to be combined with elastin in order for the product to be potent and effective. Last but not least, normal collagen are usually produced in huge molecules, which means that even if we take 10,000 mg of such collagen, the absorption will be compromised because our skin will not be able to absorb.

The peptide E Collagen in Celergen is the same ratio as our dermis and therefore we will be able to absorb the collagen and experience the benefits.

75. I suffered from stroke twice due to arteriovenous malformation (AVM). After intensive physiotherapy I was able to recover from stroke. However, due to Gamma Knife Treatment that I underwent, the healthy tissue surrounding the AVM was affected rendering the left side of my body paralyzed again. I'm able to almost do everything a normal person can do, but I have little control over my left hand, including the fine motoric movement. I also suffer from grand mal epilepsy after my second stroke. After

reading the Celergen website, I wonder if Celergen can regenerate brain cells and help me recover from my illness.

Thank you for your email. I am sorry about your struggles with your challenging health conditions but I must say that you seem positive and strong. That is wonderful.

Celergen is a food supplement and not a drug, even though it encapsulates the concept of cell renewal and repair, we cannot promise that it will work for specific conditions that we are trying to treat. However, according to the testimonies of many of our customers, there is overwhelming evidence to show that Celergen works like an effective nutritional supplement that triggers and stimulates cell repair, giving energy, mood elevation and overall physical mobility for patients suffering from metabolic ailments.

We had a customer who used to suffer from migraines and had to have botox every 3 weeks to ease the muscle tension and pain but after taking Celergen, she does not need to go for botox for almost 8 months now. We had another patient from UAE and he had serious arthritis and was not able to walk for a long time but after taking Celergen for about 3 months, he was able to walk without difficulty. I have to inform you that results vary according to individuals because a nutritional supplement like Celergen acts as a trigger to stimulate your cells to repair damage areas that is provided your cells do the necessary work.

I would strongly recommend that you try Celergen because you really have nothing to lose here. Overall Celergen will still improve your health and provide potent nutrition to activate your body to create proteins, enzymes for your body. You should take 2 soft gels a day for about 3 months and monitor your overall condition. Please try to take it 4 hours apart from your other medication – preferably first thing in the morning before breakfast (if you have no gastric problems).

I am confident you will find your overall health situation including your mood and energy levels improving. If Celergen cannot help reverse your paralysis state, I do know doctors in Switzerland who do stem cell implantation in Switzerland and other parts of Asia who can hopefully provide better solutions for your problem. If you are interested, I can always recommend you to them for evaluation. By the way, most of the cell therapy doctors will recommend Celergen to their patients before and after the cell therapy treatment for maintenance.